



No-Bake Lemon Pies

Servings 8 | Prep time 15 mins. | Total time 15 mins.

Equipment: Medium bowl, Plastic bag, Square or round serving dish (8"x8", pie plate, etc.)

Utensils: Measuring cups and spoons, Mixing spoon, Spoon

Ingredients

- 2 cups fat-free vanilla yogurt
- 3 tablespoons lemon pudding mix
- 1 8 ounce can mandarin oranges, drained
- ½ cup blueberries
- 4 graham crackers, crushed

Instructions

1. Before you begin wash your hands, surfaces, utensils, and fruit.
2. Mix vanilla yogurt and pudding mix together in a medium bowl. Add mandarin oranges and blueberries and gently stir.
3. Put graham crackers in a plastic bag and crush with your hands until they are a uniform consistency.
4. Place graham crackers in the bottom of the serving dish. Use the back of a spoon to smooth them into an even layer.
5. Pour pudding mixture over graham cracker layer. Eat immediately or refrigerate for a firmer texture.

Nutritional Information:

Calories 90
Total Fat 0g
Sodium 125mg
Total Carbs 18g
Protein 3g